

Below are menus for buffet-style meals. At this time, some of our menu items and services may be limited.  
Please check with our catering department for the most up to date availability.

## HARRISON'S EAT WELL CATERING

814-237-4422

EatWell@HarrisonsMenu.com

[www.HarrisonsEatWellCatering.com](http://www.HarrisonsEatWellCatering.com)

### 2023 SAMPLE MENUS - LIGHT RECEPTION

Below are several examples of menus that may work for your group. Since each group has unique needs, we can mix & match to best fit your group.

See more menu selections on our A La Carte Menu.

#### Cold Hors D'Oeuvres Platters

Herb & Garlic Cheese (gf) w/ Fresh Veggies & Baguette Crisps, Mango Salsa (gf,df) w/ Tostada Triangles, Hummus w/ Pita Chips  
Rosemary Chicken Salad with Cucumber Rounds (gf), Roast Beef Wrapped Asparagus (gf,df) w/ Horseradish Cream Sauce  
Grilled Portobello & Vegetables (gf,df) w/ Red Pesto (gf), Baked Brie in Puff Pastry w/ Fig & Olive Relish (warm)  
Fresh Fruit (gf,df) & Assorted Cheese Platters (gf), Fresh Asparagus w/ Prosciutto (gf,df),  
Crispy Filo Cups w/ Goat Cheese and Fig & Olive Relish OR Boursin & Bacon  
Asian Plum, Shawarma Chicken Skewers, Pear/Leek/Gruyere Pastries, Asparagus Asiago Pastry (v)

#### Hot Hors D'Oeuvres

Mini Crab Cakes, Franks in a Blanket, Coconut Shrimp, Asian Dumplings  
Schwama, Asian Plum, Buffalo, or BBQ Grilled Chicken Skewers, Hearty Italian Meatballs  
Spanakopita (v), Vegan Stuffed Mushroom (v,gf,df), Feta/Garlic Stuffed Mushrooms(v)

#### Sweets

Our own fresh-baked Chocolate Chip Cookies, Assorted Fresh Baked Cookies, Brownies, Assorted Dessert Bar Quarters  
Chocolate-Dipped Strawberries (gf), Filo Cups w/ Lemon-Lime Mousse & Berries, Coconut Macaroons (gf)  
Fresh Grapes/Strawberries (gf,df), New York-Style Cheesecake with Fresh Berries

#### Beverages

Assorted Pepsi Products, Flavored Seltzer, Canned Iced Tea & Lemonade, Bottled Water, Pellegrino, Fruited Water  
Fresh Brewed Iced Tea (unsweetened), Lemonade, Cranberry Lemonade, Coffee, Decaf, Hot Tea

#### Serving Materials

Platters, bowls, serving utensils, plates, napkins, eating utensils, tablecloths (disposable or rented linen)  
Service staff may be available (minimums apply)

#### SAMPLE MENU #1: Light Reception for 50 - Delivery Only

<u>Hors D'Oeuvres Platters</u>		<u>Quan.</u>	<u>Unit</u>	<u>Cost/Unit</u>	<u>Total</u>
Herb & Garlic Cheese	(v, gf)	1	Half Pint in fresh pepper bowl	\$13.99	\$13.99
- with fresh veggies	(v, gf, df)	4.25	Dozen	\$6.99	\$29.71
Fresh, Sliced Fruit & Assorted Cheeses	(v, gf) / (v, gf, df)	50	1 oz portions of each	\$2.50	\$125.00
Platter of crisps, crackers, toasts, baguette slices		8.5	Dozen	\$7.99	\$67.92
<u>Hot Hors D'Oeuvres</u>					
Mini Crab Cakes w/ Dill Aioli		6.25	Dozen	\$26.99	\$168.69
Spanakopita	(v)	4.25	Dozen	\$23.99	\$101.96
<u>Serving Materials</u>					
Disposable Chafers		2	each	\$19.99	\$39.98
Premium Platters - White Oval (recyclable)		3	each	\$7.50	\$22.50
6" plates (compostable)		60	each	\$0.25	\$15.00
Cocktail Napkins (compostable)		120	each	\$0.10	\$12.00
Delivery Only (Local)					\$33.00
				<b>Subtotal:</b>	\$629.74
				<b>Per Person Cost:</b>	\$12.59

#### SAMPLE MENU #2: Flavorful Light Reception for 50 - Delivery Only

<u>Hors D'Oeuvre Platters</u>		<u>Quan.</u>	<u>Unit</u>	<u>Cost/Unit</u>	<u>Total</u>
Fig & Olive Relish	(v, gf, df)	1	Half Pint	\$12.99	\$12.99
- with goat cheese	(v, gf)	50	.5 oz portions	\$1.99	\$99.50
- with crisps & crackers		4.25	Dozen	\$7.99	\$33.96
Mango Salsa	(v, gf, df)	1.25	Pint	\$22.99	\$28.74
- with tostada triangles		4.25	Dozen	\$8.99	\$38.21
Fresh Asparagus w/ Prosciutto	(gf, df)	4.25	Dozen	\$23.99	\$101.96
<u>Sweets</u>					
Assorted Dessert Bar Quarters	(v)+N	4.25	Dozen	\$14.99	\$63.71
Chocolate Dipped Strawberries	(v, gf)	4.25	Dozen	\$23.99	\$101.96
<u>Serving Materials</u>					
Premium Platters - White Oval (recyclable)		5	each	\$7.50	\$37.50
Delivery Only (Local)					\$33.00
				<b>Subtotal:</b>	\$551.52
				<b>Per Person Cost:</b>	\$11.03

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## 2023 SAMPLE MENUS - MEDIUM RECEPTION

Perfect for pre-dinner receptions!

See more menu selections on our A La Carte Menu.

### SAMPLE MENU: Medium Reception for 25 - Delivery Only

<u>Platters ~ served at room temperature</u>		<u>Quan.</u>	<u>Unit</u>	<u>Cost/Unit</u>	<u>Total</u>
Herb & Garlic Cheese	(v, gf)	1	Half Pint in fresh pepper bowl	\$13.99	\$13.99
- with Fresh Veggies	(v, gf, df)	4.25	Doz. Pieces	\$6.99	\$29.71
- with Baguette Crisps		4.25	Doz. Pieces	\$7.99	\$33.96
Tomato & Basil Bruschetta	(v, gf, df)	1	Pints	\$22.99	\$22.99
- with thin sliced baguette		1	baguette	\$7.99	\$7.99
Classic Hummus	(v, gf, df)	1	Pint	\$22.99	\$22.99
- with pita crisps		6.25	Doz. Pieces	\$9.99	\$62.44
Fresh Asparagus w/ Prosciutto	(gf, df)	2.25	Dozen	\$23.99	\$53.98
Shawarma Chicken Skewers-1oz	(gf, df)	2.25	Dozen	\$23.99	\$53.98
- with tzatziki sauce					
Pear, Leek, Gruyere Pastry	(v)	2.25	Dozen	\$23.99	\$53.98
Marinated Mushrooms w/ bamboo picks	(v, trace gluten, df)	2	Qts	\$17.99	\$35.98
<b>Sweets</b>					
Assorted Finger Desserts		4.25	Dozen	\$13.99	\$59.46
<b>Serving Materials</b>					
Premium Platters - White Oval (recyclable)		8	each	\$7.50	\$60.00
Delivery Only (Local)					\$33.00
				<b>Subtotal:</b>	\$544.43
				<b>Per Person Cost:</b>	\$21.78

### SAMPLE MENU: Medium Reception for 50 - Delivery Only

<u>Hors D'Oeuvre Platters</u>		<u>Quan.</u>	<u>Unit</u>	<u>Cost/Unit</u>	<u>Total</u>
Mango Salsa	(v, gf, df)	1	Pint	\$22.99	\$22.99
- with Tostada Triangles	(v)	3.5	Doz Pieces	\$8.99	\$31.47
Ranch Dressing		1	Pint	\$11.99	\$11.99
- with Fresh Veggies	(v, gf, df)	4.25	Doz. Pieces	\$6.99	\$29.71
Platter - Cheese & Savory Meat Display					
- Assorted Cheeses - provolone, swiss, cheddar	(v, gf)	50	1 oz portion (assorted)	\$1.25	\$62.50
- Ham, Salami, Winter Sausage		50	1 oz portion (assorted)	\$1.25	\$62.50
- Local Herlocher's Mustard		1	Jars	\$12.99	\$12.99
- Crackers		8	Doz. Pieces	\$7.99	\$63.92
Soft Pretzel Sticks		4.25	Dozen	\$23.99	\$101.96
<b>Hot Hors D'Oeuvres</b>					
BBQ Pulled Pork	108 "slider portions" (df)	6	Qts	\$33.99	\$203.94
- w/ Parkerhouse Rolls, sliced		9	Dozen	\$8.99	\$80.91
Mini Crab Cake with dill aioli		6.25	Dozen	\$26.99	\$168.69
Franks in a Blanket (all beef) w/ local Herlocher's Mustard		6.25	Dozen	\$23.99	\$149.94
Spanakopita	(v)	4.25	Dozen	\$23.99	\$101.96
<b>Sweets</b>					
Assorted Finger Desserts	(v)	4.25	Dozen	\$13.99	\$59.46
<b>Serving Materials</b>					
Disposable Chafers		3	each	\$19.99	\$59.97
Premium Platters - White Oval (recyclable)		5	each	\$7.50	\$37.50
6" plates (compostable)		100	each	\$0.25	\$25.00
Cocktail napkins (compostable)		100	each	\$0.10	\$10.00
Delivery Only (Local)					\$33.00
				<b>Subtotal:</b>	\$1,330.38
				<b>per person:</b>	\$26.61

**SERVICE OPTIONS:** Full Service - attendants for food and beverage (as available)  
 Partial Service - buffet attendant only  
 Delivery Only

**RENTALS:** All food serving equipment is available for all events with service.  
 Linen, china, cutlery, glassware, and more available for smaller groups.  
 For larger groups, we suggest Best Event Rentals.

\*The PA Department of Agriculture has asked us to inform you that consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of foodborne illness.

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## 2023 SAMPLE MENUS - AMPLE RECEPTION

Make your reception a hearty offering equivalent to a full meal - perfect for Mix & Mingle events.

See more menu selections on our A La Carte Menu.

### Entrée Platters - served at room temperature...in addition to items on page 1

*Grilled Chicken (df) w/ Goat Cheese and Fig & Olive Relish (gf), Smoked Chicken (df) w/ Red Pepper Pesto  
Grilled Portobello w/ Olive Tapenade (gf,df), Grilled Balsamic Beef w/ Grilled Fresh Vegetables (gf,df)  
Poached Salmon (gf,df), Sesame Poached Salmon, Seasoned Shrimp w/ Cocktail Sauce, & more...*

### SAMPLE MENU: Wine Country Ample Reception for 25 - Delivery Only

<u>Platters ~ served at room temperature</u>		<u>Quan.</u>	<u>Unit</u>	<u>Cost/Unit</u>	<u>Total</u>
Herb & Garlic Cheese (v, gf)		1	Half Pint in fresh pepper bowl	\$13.99	\$13.99
- with fresh veggies & baguette crisps		8.5	Dozen	\$7.99	\$67.92
Mango Salsa (v, gf, df)		1	Pint	\$23.99	\$23.99
- with tostada triangles		3.5	Dozen	\$8.99	\$31.47
Swarma Chicken - thin sliced (gf, df)		25	2 oz portions	\$2.99	\$74.75
- with grilled vegetables (v, gf, df)		2	Qts.	\$17.99	\$35.98
- with cucumber relish & tzatziki topping		1	half pint	\$11.99	\$11.99
Poached Salmon - with chef's garnish (gf, df)		25	2 oz portions	\$4.50	\$112.50
<b><u>Hot Hors D'Oeuvres</u></b>					
Mini Crab Cakes w/ Dill Aioli		3.25	Dozen	\$26.99	\$87.72
Spanakopita (v)		2	Dozen	\$23.99	\$47.98
<b><u>Salad</u></b>					
Caesar Salad (v,gf)		2.5	Gallons	\$29.99	\$74.98
Sesame Noodles (v,df)		2	Qts.	\$13.99	\$27.98
Fiesta Black Bean Salad (v, gf, df)		2	Qts	\$15.50	\$31.00
Herbed Potato Salad (v, gf, df)		2	Qts.	\$13.99	\$27.98
<b><u>Baked Goods</u></b>					
Baguette - sliced into eighths		4	Baguettes	\$7.99	\$31.96
<b><u>Sweets</u></b>					
Assorted Dessert Bar Quarters & House-Made Coconut Macaroons		6.25	Dozen	\$14.99	\$93.69
<b><u>Serving Materials</u></b>					
Premium Platters - White Oval (recyclable)		6	each	\$7.50	\$45.00
Extra Large Salad Bowl (clear/recyclable)		2	each	\$5.99	\$11.98
Salad Bowls & Serving Utensils (clear/recyclable)		11	each	\$1.75	\$19.25
Delivery Only (Local)					\$33.00
				<b>Subtotal:</b>	<b>\$872.09</b>
				<b>per person</b>	<b>\$34.88</b>

### SAMPLE MENU: VIP Cocktail Reception for 25 - Delivery Only

<u>Hors D'Oeuvre Platters</u>		<u>Quan.</u>	<u>Unit</u>	<u>Cost/Unit</u>	<u>Total</u>
Classic Hummus (v, gf, df)		1	Pint	\$22.99	\$22.99
- with pita crisps & fresh veggies		7	Doz. Pieces	\$7.99	\$55.93
Asparagus Asiago Pastry (v)		2	Dozen	\$23.99	\$47.98
Platter - Cheese & Savory Meat Display					
- Assorted Cheeses - provolone, swiss, cheddar (v, gf)		25	1 oz portion (assorted)	\$1.25	\$31.25
- Ham, Salami, Winter Sausage		25	1 oz portion (assorted)	\$1.25	\$31.25
- Local Herlocher's Mustard		1	Jars	\$12.99	\$12.99
- Crackers		4.25	Doz. Pieces	\$7.99	\$33.96
Marinated Mushrooms (v, trace gluten, df)		2	Qts	\$17.99	\$35.98
<b><u>Hot Hors D'Oeuvres</u></b>					
Mini Crab Cakes w/ Dill Aioli		4	Dozen	\$26.99	\$107.96
Hearty Italian Meatballs		2	Dozen	\$23.99	\$47.98
Vegan Stuffed Mushrooms (v,gf,df)		2	Dozen	\$23.99	\$47.98
Spanakopita (v)		2	Dozen	\$23.99	\$47.98
<b><u>Sweets</u></b>					
Assorted Dessert Bar Quarters & House-Made Coconut Macaroons		6.25	Dozen	\$14.99	\$93.69
<b><u>Serving Materials</u></b>					
Disposable Chafers		2	each	\$19.99	\$39.98
Premium Platters - White Oval (recyclable)		5	each	\$7.50	\$37.50
6" plates (compostable)		75	each	\$0.25	\$18.75
Cocktail napkins (compostable)		75	each	\$0.10	\$7.50
Delivery Only (Local)					\$33.00
				<b>Subtotal:</b>	<b>\$754.65</b>
				<b>per person:</b>	<b>\$30.19</b>

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## INTERESTING RECEPTION COMBINATIONS

See more menu selections on our A La Carte Menu.

### Light

1. Assorted Cheese, Fresh cut Fruit, Coconut Macaroons, Assorted Fresh Baked Cookies, Chocolate Dipped Strawberries
2. Fig & Olive Relish w/ Goat Cheese, Mango Salsa, Mini Crab Cakes, Spanakopita, Cookies & Brownies
3. Herb & Garlic Cheese w/ fresh vegetables, Mango Salsa, Fresh Asparagus w/ Prosciutto, Pear, Leek & Gruyere Pastry

### Medium

1. Herb & Garlic Cheese w/ fresh vegetables, Seasonal Fruit Salsa, Baked Brie in Puff Pastry, Marinated Mushrooms, Mini Crab Cakes, Feta & Garlic-Stuffed Mushrooms, Italian Meatballs, Franks-in-a-Blanket, Cookies & Dessert Bar Quarters
2. Grilled Chicken w/ Goat Cheese, Roast Beef Wrapped Asparagus, Seasoned Shrimp Asparagus-Asiago Pastry, Feta & Garlic-Stuffed Mushrooms, Chocolate Dipped Strawberries
3. Mango Salsa w/ corn chips, Fig & Olive Relish w/ Goat Cheese, Shawarma Chicken Skewers Asparagus w/ Prosciutto, Marinated Mushrooms, Mini Crab Cakes, Hearty Italian Meatballs,
4. Hummus w/ Fresh Vegetables, Fresh Sliced Fruit, Assorted Cheeses, Assorted Mini-Sandwiches on ParkerHouse Rolls, Asian Plum Chicken Skewers, Mini Crab Cakes, Assorted Mini Quiche, Cookies & Brownies

### Ample

1. Start with a light or medium suggestion and add 3 to 5 items to it.
2. Light #3 from above, plus: Basil & Tomato Bruschetta, Roast Beef Wrapped Asparagus, Marinated Mushrooms Mini Crab Cakes, Spanakopita, BBQ Pulled Pork w/ ParkerHouse Rolls, Hearty Italian Meatballs, Assorted Fresh Baked Cookies, Assorted Dessert Bar Quarters & Fresh Grapes & Strawberries
3. Herb & Garlic Cheese w/ fresh vegetables, Mango Salsa w/ Tostada Triangles, Grilled Chicken w/ Goat Cheese Grilled Balsamic Beef & Grilled Vegetables, Poached Salmon, Mini Crab Cakes, Spanakopita, Feta & Garlic-Stuffed Mushrooms Caesar Salad, Sessame Noodles, Fiesta Black Bean Salad, Cookies & Assorted Finger Desserts
4. Balsamic Vinaigrette w/ Fresh Vegetables, Fig & Olive Relish w/ Goat Cheese, Shawarma Chicken Skewers, Grilled Tenderloin Platter w/ horseradish cream, Coconut Shrimp, Asian Dumplings, Spanakopita, Vegan Stuffed Mushrooms Assorted Fresh Baked Cookies, Chocolate-Dipped Strawberries, Coconut Macaroons

### Mix and Mingle Picnic/BBQ

1. Herb & Garlic Cheese w/ fresh veggies, Mango Salsa w/ Tostada Triangles, Savory Meat & Cheese Display, BBQ Pulled Pork w/ Rolls ("sliders"), Hearty Italian Meatballs, Buffalo Chicken Skewers, Mac & Cheese, Fresh Baked Cookies

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