

Below are menus for buffet-style meals. At this time, some of our menu items and services may be limited.
Please check with our catering department for the most up to date availability.

HARRISON'S EAT WELL CATERING

814-237-4422

EatWell@HarrisonsMenu.com

www.HarrisonsEatWellCatering.com

2023 SAMPLE MENUS - LUNCHEON BUFFET-STYLE MEALS

Below are several examples of menus that may work for your group. Since each group has unique needs, we can mix & match to best fit your group.
See more menu selections on our A La Carte Menu.

Sandwich Platters

Roast Turkey, Rosemary Chicken Salad, Grilled Pesto Chicken, Italian, Roast Beef & Provolone
Grilled Vegetables w/ Garlic Cheese (v), or Three Cheese (v)

Wrap Platters

Grilled Chicken Caesar, Chicken & Cheddar, Roast Turkey & Cheese, Italian Antipasto
Roast Beef w/ Provolone, Grilled Vegetable & Hummus (v), or Grilled Portobello (v)

Salads (v)

Herbed Potato Salad (gf,df), Fresh Cut Fruit (gf,df), Grilled Veggies (gf,df), Marinated Mushrooms (df)
Smoked Mozzarella Pasta Salad, Ranch Pasta Salad, Sesame Noodles (df), Fiesta Black Bean Salad (gf,df)
Cole Slaw (gf), Mango-Napa Slaw (gf,df), Dill Cucumber Salad (gf,df), Chef's Seasonal Quinoa (gf,df)
"Leafy" Green Salads (all are gf): Tossed Garden (df), Caesar, Mixed Greens (df), Greek, Seasonal Salads

Gluten-Free / Low-Carb / Salad Toppings Platters

Grilled Chicken Breast (df), Poached Salmon (df), Sesame Poached Salmon (df), Roast Turkey Breast (df)
Rosemary Chicken Salad, Grilled Vegetables & Portobello (v,df)

Sweets

Our own fresh-baked Chocolate Chip Cookies, Assorted Fresh Baked Cookies, Brownies, Assorted Dessert Bar Quarters
Chocolate-Dipped Strawberries (gf), Filo Cups w/ Lemon-Lime Mousse & Berries, Coconut Macaroons (gf)
Fresh Grapes/Strawberries (gf,df), New York-Style Cheesecake with Fresh Berries

Beverages

Assorted Pepsi Products, Flavored Seltzer, Canned Iced Tea & Lemonade, Bottled Water, Pellegrino, Fruited Water
Fresh Brewed Iced Tea (unsweetened), Lemonade, Cranberry Lemonade, Coffee, Decaf, Hot Tea

Serving Materials

Platters, bowls, serving utensils, plates, napkins, eating utensils, tablecloths (disposable or rented linen)
Service staff may be available (minimums apply)

SAMPLE MENU #1: Salad & Sandwich Sampler for 24 - with Delivery

<u>Sandwich Platters</u>		<u>Quan.</u>	<u>Unit</u>	<u>Cost/Unit</u>	<u>Total</u>
Roast Turkey on Whole Grain		4	Sandwiches - cut into quarters	\$12.99	\$51.96
Grilled Pesto Chicken on Baguette		4	Sandwiches - cut into quarters	\$12.99	\$51.96
Grilled Veggies w/ Garlic Cheese on Wh Gr Ciabatta (v)		4	Sandwiches - cut into quarters	\$12.99	\$51.96
<u>Salads</u>					
Sesame Noodles (v, df)		2	Qts	\$13.99	\$27.98
Fiesta Black Bean Salad (v, gf, df)		2	Qts	\$15.50	\$31.00
Dill Cucumber Salad (v, gf, df)		2	Qts.	\$13.99	\$27.98
<u>Sweets</u>					
Assorted Fresh Baked Cookies & Brownies		5	Dozen	\$11.99	\$59.95
Fresh Grapes		25	oz	\$0.55	\$13.75
<u>Serving Materials</u>					
Platters (tan/compostable)		3	each	\$4.99	\$14.97
Salad Bowls & Serving Utensils (clear/recyclable)	3,3	6	each	\$1.75	\$10.50
10" Eco-Plates, napkins, forks (compostable)		27	per set	\$0.80	\$21.60
Delivery (Local)					\$33.00
				Subtotal:	\$396.61
				Per Person Cost:	\$16.53

*(v) indicates VEGETARIAN; (gf) indicates GLUTEN-FREE (prepared in a kitchen that uses products containing gluten); (df) indicates DAIRY-FREE

SAMPLE MENU #2: Salad & Wrap Sampler for 50 - with Delivery

<u>Wrap Platters</u>		<u>Quan.</u>	<u>Unit</u>	<u>Cost/Unit</u>	<u>Total</u>
Grilled Chicken Caesar		20	Wraps-cut in two	\$7.99	\$159.80
Roast Beef & Provolone		20	Wraps-cut in two	\$7.99	\$159.80
Grilled Vegetable & Hummus	(v)	10	Wraps-cut in two	\$7.99	\$79.90
<u>Salads</u>					
Smoked Mozzarella Pasta Salad	(v)	4	Qts	\$17.99	\$71.96
Mango-Napa Slaw	(v, trace gluten, df)	4	Qts	\$15.50	\$62.00
Fresh Cut Fruit	(v, gf, df)	4	Qts	\$17.99	\$71.96
<u>Sweets</u>					
Assorted Dessert Bar Quarters	(v)+N	8	Dozen	\$14.99	\$119.92
House-Made Coconut Macaroons	(v, gf)	4	Dozen	\$14.99	\$59.96
<u>Serving Materials</u>					
Platters (tan/compostable)		6	each	\$4.99	\$29.94
Salad Bowls & Serving Utensils (clear/recyclable)		12	each	\$1.75	\$21.00
10" Eco-Plates, napkins, forks (compostable)		55	per set	\$0.80	\$44.00
Delivery (Local)					\$33.00
				<u>Subtotal:</u>	\$913.24
				<u>Per Person Cost:</u>	\$18.26

SAMPLE MENU #3: Value Lunch Sampler for 24 - With Delivery

<u>Sandwich Platters</u>		<u>Quan.</u>	<u>Unit</u>	<u>Cost/Unit</u>	<u>Total</u>
Roast Turkey Breast on Italian bread		4	Sandwiches - cut into quarters	\$12.99	\$51.96
Deli Ham & Provolone Cheese on Italian bread		4	Sandwiches - cut into quarters	\$12.99	\$51.96
Three Cheese w/ mustard, lettuce, tomato on Italian bread (v)		4	Sandwiches - cut into quarters	\$12.99	\$51.96
<u>Salads - in deli containers</u>					
Herbed Potato Salad	(v, gf)	2	Qts	\$13.99	\$27.98
Ranch Pasta Salad	(v)	2	Qts	\$13.99	\$27.98
Dill Cucumber Salad	(v, gf)	2	Qts	\$13.99	\$27.98
<u>Sweets</u>					
Assorted Fresh Baked Cookies		4	Dozen	\$11.99	\$47.96
<u>Serving Materials</u>					
In aluminum pans + Deli Containers (recyclable)		3	each	\$2.50	\$7.50
Delivery (Local)					\$33.00
				<u>Subtotal:</u>	\$295.28
				<u>Per Person Cost:</u>	\$12.30

***Host to provide all serving and eating utensils*

See our A La Carte Menu for additional selections**Hot Beverages for Delivery/Drop-Off**

Hot Coffee	96 oz dispenser (serves 10-12)	\$28.99
Decaf	96 oz dispenser (serves 10-12)	\$28.99
Hot Water & Tea Bag Selection (10)	96 oz dispenser (serves 10-12)	\$28.99

- includes creamers, sweeteners, stirrers; served from insulated cardboard dispensers

Cold Beverages for Delivery/Drop-Off

Assorted Pepsi Products	cans	\$1.75
Bottled Water	bottles	\$1.75
Iced Tea w/ lemon, sweeteners, ice	1/2 gal jugs (serves 8)	\$17.99
Lemonade w/ ice	1/2 gal jugs (serves 8)	\$17.99
Cranberry Lemonade Punch w/ ice	1/2 gal jugs (serves 8)	\$19.99

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