# HARRISON'S EAT WELL CATERING 

OFFICE: 814-237-4422 | EatWell@HarrisonsMenu.com | www.HarrisonsEatWellCatering.com
2023 A LA CARTE MENU

## Hot \& Tasty Hors D'Oeuvres

* Order ready-to-heat (instructions included) or hot \& ready-to-eat
Mini Crab Cakes
Franks in a Blanket (all beef)
Spanakopita
Feta/Garlic-Stuffed Mushrooms
Assorted Mini Quiche
Hearty Italian Meatballs
Coconut Shrimp
Chicken Skewers - Asian Plum, Shawarma, BBQ, Buffalo
Asian Dumplings
Beef, Bacon, \& Gorgonzola Puffs
Baked Brie in Puff Pastry w/ Fig \& Olive Relish (warm - not hot)
Vegan Stuffed Mushrooms

|  | Min Order | Per Dozen |
| :---: | :---: | :---: |
|  | 3 doz | \$26.99 |
|  | 3 doz | \$23.99 |
| (v) | 3 doz | \$23.99 |
| (v) | 3 doz | \$23.99 |
|  | 3 doz | \$23.99 |
|  | 3 doz | \$23.99 |
|  | 3 doz | \$26.99 |
|  | 3 doz | \$23.99 |
|  | 3 doz | \$23.99 |
|  | 3 doz | \$26.99 |
| (v) | 3 doz | \$26.99 |
| (vegan)(v,gf,df) | 3 doz | \$23.99 |

## Cool \& Savory Hors D'Oeuvres

Aparagus-Asiago Pastry
Fresh Asparagus w/ Prosciutto
Roast Beef-Wrapped Asparagus w/ Horseradish Cream Sauce
Chicken Skewers - Asian Plum/Shawarma - 1oz
Chicken Skewers - Asian Plum/Shawarma - 2oz
Pear, Leek, Gruyere Pastry
Filo Cups w/ Goat Cheese and Fig \& Olive Relish
Filo Cups w/ Mediterranean Chicken \& Feta
Filo Cups w/ Boursin \& Bacon

|  | Min Order | Per Dozen |
| :--- | :---: | :---: |
| (v) | 3 doz | $\$ 23.99$ |
| (gf) | 3 doz | $\$ 23.99$ |
| (gf,df) | 3 doz | $\$ 23.99$ |
| (trace gluten) / (gf) | 3 doz | $\$ 23.99$ |
| (trace gluten) / (gf) | 3 doz | $\$ 37.99$ |
| (v) | 3 doz | $\$ 23.99$ |
| (v) | 3 doz | $\$ 23.99$ |
|  | 3 doz | $\$ 23.99$ |
|  | 3 doz | $\$ 23.99$ |
|  | 3 doz | $\$ 23.99$ |
|  | 3 doz | $\$ 25.99$ |

## Hors D'Oeuvres Platter Ideas

Herb \& Garlic Cheese w/ Fresh Veggies \& Baguette Crisps (v)
Hummus w/ Fresh Veggies \& Pita Chips (v)
Soft Pretzel Sticks w/ Local Herlocher's Mustard (v)
Fresh Tomato \& Basil Bruschetta (v)
Fresh Fruit (df) \&/or Cheese Assortment (v,gf)
Mango Salsa (df) w/ Tostada Triangles (v)
Fig \& Olive Relish (df) w/ Goat Cheese (v,gf), Crisps \& Crackers
Rosemary Chicken Salad w/ Cucumber Rounds
Cheese \& Savory Meat - assorted cheeses, ham, salami, winter sausages, local Herlocher's mustard \& crackers Chef's Antipasto Platter - prosciutto, salami, fresh mozzarella, provolone, artichoke hearts, pepperoncini, olives, grilled red pepper Seasoned Shrimp w/ Cocktail Sauce

[^0]| Unique Tastes for Hors D'Oeuvres \& Entrée |  | Half Pint | Pint |
| :---: | :---: | :---: | :---: |
| Herb \& Garlic Cheese | (v,gf) | \$11.99 | \$22.99 |
| Mango Salsa | (v,gf,df) | \$11.99 | \$22.99 |
| Classic Hummus, Basil Hummus, Sun-Dried Tomato Hummus | (v,gf,df) | \$11.99 | \$22.99 |
| Tomato \& Basil for bruschetta | (v,gf,df) |  | \$22.99 |
| Fig \& Olive Relish | (v,gf,df) | \$12.99 | \$24.99 |
| Olive Tapenade | (v,gf,df) | \$12.99 | \$24.99 |
| Seasonal Fruit Salsa | (v,gf,df) |  | \$24.99 |
| Black Bean Salsa | (v,gf,df) |  | \$24.99 |
|  |  |  | Per 1 Ounce |
| Fresh Sliced Fruit | (v,gf,df) |  | \$1.25 |
| Assorted Cheese | (v,gf) |  | \$1.25 |
| Premium Cheese | (v,gf) |  | \$1.99 |
|  |  |  | Per 1/2 Ounce |
| Goat Cheese | (v,gf) |  | \$1.99 |
|  |  |  | Per Dozen |
| Fresh Cut Veggies | (v,gf,df) |  | \$6.99/ Dozen |
| House-Made Tostada Triangles | (v,df) |  | \$8.99/ Dozen |
| Crispy Corn Chips | (v,gf,df) |  | \$6.99/ Dozen |
| Pita Crisps | (v,df) |  | \$9.99/ Dozen |
| House-Made Crostinis | (v) |  | \$9.99/ Dozen |
| Fresh-Baked Baguette Crisps | (v) |  | \$7.99/ Dozen |
| Crackers, Crisps, Baguette assortment | (v) |  | \$7.99/ Dozen |
| Gluten-Free Crackers | (v,gf) |  | \$7.99/ Dozen |
| Baguette - whole/slices/eighths |  |  | \$7.99/each |
| Fresh Parker House Rolls |  |  | \$8.99/Dozen |

For Entrée Platters (served room temperature)
(Mininum of 32 oz required)

| Poached Salmon, Sesame Poached Salmon, House Smoked Salmon | (gf,df) | \$4.50 |
| :---: | :---: | :---: |
| Tropical Habanero Salmon | (gf,df) | \$4.50 |
| Grilled Chicken, Shawarma Chicken | (gf,df) | \$2.99 |
| Grilled Balsamic Beef | (gf,df) | \$4.99 (mrkt price) |
| Sliced Roast Turkey | (gf,df) | \$2.99 |
| Grilled Beef Tenderloin | (gf,df) | \$9.99 (mrkt price) |
| Rosemary Chicken Salad | (v,g) | \$33.99 / qt |
| Grilled Baby Bellos | (v,gf,df) | \$10.99 / $80 z$ portion |

> Entrée Platter IdeaS (served room temperature)
> Shawarma Chicken w/ Chargrilled Vegetables, Classic Hummus (gf,df)
> Grilled Chicken w/ Goat Cheese \& Fig \& Olive Relish (gf)
> Poached Salmon w/ Chef's Garnish (gf,df)
> Sesame Poached Salmon w/ Sesame Asparagus (df)
> Grilled Beef Tenderloin w/ Horseradish Cream Sauce \& Parker House rolls Grilled Balsamic Beef w/ Grilled Asparagus (gf,df)
> Portobello \& Chargrilled Vegetables w/ Olive Tapenade \& Basil Pesto (v,gf)

## Hot Entrées \& Sides

* Order ready-to-heat (instructions included) or hot \& ready-to-eat

Vineyard Chicken , Grilled Basil Pesto Chicken (gf)
BBQ Chicken, Coconut-Crusted Chicken
Greek Chicken (gf), Chicken Marsala, Chicken Parmesan
Chicken Wellington, Lemon-Prosciutto Chicken
Apple-Pecan Stuffed Chicken w/ Riesling Gravy
Grilled Salmon w/ Lemon Beurre Blanc
Sesame Encrusted Salmon
Ginger-Lime Mahi Mahi
Tropical Habanero Mahi Mahi
Boardwalk Crab Cakes
Sliced Roast Turkey Breast w/ Gravy
BBQ Beef Brisket
Beef Bourguignon or Beef Tips w/ Mushrooms
Carved Tenderloin/Carved Prime Rib
Carved Smoked Brisket/Carved Balsamic Beef
Grilled Baby Bellos w/ Balsamic Glaze (vegan)(v,gf,df)
Eggplant Parmesan
BBQ Pulled Pork
Chef's Mac \& Cheese (local cheese)
Chicken \& Vegetable Scampi
Pasta Alfredo w/ Fresh Veggies
Four-Cheese Baked Pasta - Regular or add Grilled Vegetables
Four-Cheese Baked Pasta - with Meat Sauce
Tuscan Vegetarian Pasta or Athenian Pasta Primavera
Orchiette Pasta w/ Butternut Squash \& Herbs (seasonal)
Pasta Fagiole (spinach, white bean, parmesan, herbs)
Gnocchi with Red Pepper Pesto Cream
Linguini Marinara
Sweet Potatoes - Mashed or Roasted
Rosemary Roasted Red Potatoes
Fresh Vegetable
Fresh Green Beans
Mashed Potatoes or Stuffing (seasonal)
Turkey Gravy (seasonal)

## Breads

| Baguette | \$7.99 |
| :--- | :---: |
| Fresh Parker House Rolls | \$8.99/Dozen |

## Sauces on the Side

Red Pepper Pesto
Dill Aioli, Tarter Sauce, Remoulade
Tatziki Sauce, Ranch Dressing
Cocktail Sauce
Horseradish Cream Sauce
Red Wine Butter
Local Herlocher's Mustard
Fig \& Olive Relish

Portion Price per Portion

\$8.99/Dozen

| Half Pint | Pint |
| :---: | :---: |
| \$12.99 | $\$ 24.99$ |
| $\$ 11.99$ | $\$ 22.99$ |
| $\$ 11.99$ | $\$ 22.99$ |
| $\$ 11.99$ | $\$ 22.99$ |
| $\$ 11.99$ | $\$ 22.99$ |
| $\$ 11.99$ | $\$ 22.99$ |
| 12.99/Jar |  |
| 12.99/Jar |  |

*(v) = VEGETARIAN; (gf) = GLUTEN-FREE (prepared in a kitchen that uses products containing gluten); (df) = DAIRY-FREE; +N = contains nuts Other foods available - please ask! Seasonal items not on this list due to variability. Many of the foods are available short notice, but some are special order!

## Sandwiches

Grilled Pesto Chicken on Baguette
Roast Turkey on Whole Grain
Rosemary Chicken Salad on Baguette
Ham, Salami, and Provolone on Italian
Roast Beef \& Provolone on Italian
Grilled Vegetables w/ Garlic Cheese on Whole Grain
Three Cheese w/ mustard, lettuce, tomato on Italian

|  | half | whole |
| :---: | :---: | :---: |
|  | $\$ 6.50$ | $\$ 12.99$ |
| (df) | $\$ 6.50$ | $\$ 12.99$ |
|  | $\$ 6.50$ | $\$ 12.99$ |
|  | $\$ 6.50$ | $\$ 12.99$ |
|  | $\$ 6.50$ | $\$ 12.99$ |
| (v) | $\$ 6.50$ | $\$ 12.99$ |
| (v) | $\$ 6.50$ | $\$ 12.99$ |

## Wraps

|  | whole |
| :---: | :---: |
|  | $\$ 7.99$ |
|  | $\$ 7.99$ |
|  | $\$ 7.99$ |
|  | $\$ 7.99$ |
|  | $\$ 7.99$ |
| $(v, d f)$ | $\$ 7.99$ |
| $(v, d f)$ | $\$ 7.99$ |

## Prepared Salads

| (Mininums required - Please Ask!) |  | Quart |
| :---: | :---: | :---: |
| Marinated Mushrooms | (v, trace gluten, df) | \$17.99 |
| Herbed Potato Salad (oil \& vinegar) | (v,gf,df) | \$13.99 |
| Cole Slaw | (v,g) | \$13.99 |
| Mango-Napa Slaw | (v,gf,df) | \$15.50 |
| Fiesta Black Bean Salad | (v,g,df) | \$15.50 |
| Chef's Seasonal Quinoa / World Spice Quinoa | $(\mathrm{v}, \mathrm{g}, \mathrm{df}) /(\mathrm{v}, \mathrm{gf})+\mathrm{N}$ | \$17.99 |
| Dill Cucumber Salad | (v,gf,df) | \$13.99 |
| Sesame Noodles | (v,df) | \$13.99 |
| Ranch Pasta Salad | (v) | \$13.99 |
| Smoked Mozzarella Pasta Salad | (v) | \$17.99 |
| Grilled Vegetables | (v,gf,df) | \$17.99 |

Fresh Cut Fruit
( $\mathrm{v}, \mathrm{gf}, \mathrm{df}$ )
\$17.99

## Sides

PA Potato Chips - individual bags

| (v) | Per Piece |
| :--- | ---: |
| $\$ 2.00$ |  |

Fresh Whole Fruit

## Leafy Green Salads

Caesar Salad w/ Caesar Dressing
Mixed Greens w/ Balsamic Vinaigrette
Greek Salad w/ Feta, Olives \& Greek Dressing
Seasonal Spinach Salad
Garden Salad w/ Vinaigrette \& Ranch
(Cheese/Nuts/Proteins may be requested for an additional cost)

## Chefmade Soups

| (Mininums required - Please Ask!) | Half Pint | Pint |
| :--- | :---: | :---: |
| Homemade Soup | $\$ 4.25$ | $\$ 8.50$ |

## Tailgate Inspired

* Order ready-to-heat (instructions included) or hot \& ready-to-eat

Potato Skins - cheese or cheese \& veggie
Potato Skins - cheese \& bacon

Buffalo Chicken Tenders

|  | Per Dozen | Quart |
| :--- | :---: | :---: |
| $(\mathrm{v}, \mathrm{gf})$ | $\$ 23.99$ |  |
| $(\mathrm{gf})$ | $\$ 27.99$ |  |
|  | $\$ 25.99$ |  |
|  | $\$ 34.99$ |  |
|  | $\$ 34.99$ |  |
|  | $\$ 34.99$ |  |
|  |  |  |
|  | $\$ 23.99$ |  |

## Breaks \& Snacks

Snack Mix
Trail Mix
Mini Pretzels
Crunchy Spiced Garbanzo Beans
House-Spiced Nuts
Almond/Craisin/Chocolate Mix

Healthy Granola/Snack Bars
PA Potato Chips - individual bags
Fresh Whole Fruit

## Desserts \& Sweets

New York-Style Cheesecake (12 pieces)
Fresh, Sliced Berries as a Fruit Topping

Fresh Baked Chocolate Chip Cookies
Fresh Baked Cookies (Assorted)
Brownie Quarters
Fresh Grapes (for cookie platters)
Assorted Dessert Bar Quarters
Fresh Whole Strawberries
House-Made Coconut Macaroons
Chocolate-Dipped Pretzel Rods
Chocolate-Dipped Strawberries
Fresh Cut Fruit

|  | Pint | Quart |
| :--- | :---: | :---: |
| $(v)$ | $\$ 8.99$ | $\$ 16.99$ |
| $(v)+N$ | $\$ 8.99$ | $\$ 16.99$ |
| $(v)$ | $\$ 8.99$ | $\$ 16.99$ |
| $(v, g f, d f)$ | $\$ 8.99$ | $\$ 16.99$ |
| $(v, g f)+N$ |  | $\$ 25.99$ |
| $(v, g f, d f)+N$ |  | $\$ 25.99$ |

## Per Piece

| $(v)+N$ | $\$ 2.00$ |
| :--- | :--- |
| $(v)$ | $\$ 2.00$ |

(v,gf,df) \$2.00


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    Other foods available - please ask! Seasonal items not on this list due to variability. Many of the foods are available short notice, but some are special order!

